Knowing Rural & Remote Communities

LARGER SOCIETY

Social justice • Health equity

PLACE: RURAL CONTEXT

Geography • Weather Local history • Distance

COMMUNITY

Being visible & being known Political/Government Culture • Economy Population characteristics

DETERMINANTS OF HEALTH

Income Social supports & services Education and literacy Language, heritage & cultural identity Employment Economic development Physical environment, housing Healthy behaviours Childhood experiences Legal and political equity Biology & genetic endowment Gender Race/Racism

RURAL PEOPLE^{*}

ACCESS TO HEALTHCARE

RURAL & REMOTE NURSING INTERACTIONS

Understanding rural & northern contexts Being part of the community Care at center of practice Interprofessional, collaborative teamwork Complex, generalist role

- Multiple skills, expanded practice
- Being versatile
- Being prepared
- Culturally safe care
- Maintaining confidentiality
- Blurring of professional boundaries

HEALTH OUTCOMES

*People living in rural and remote areas



Canadian Association for Rural and Remote Nursing [CARRN]. (2020). Knowing the Rural Community: A Framework for Nursing Practice in Rural and Remote Canada. CARRN: Unpublished document. www.carrn.com